

Specials Choice Board- Complete the assignment for your Tuesday Specials class. Only one!

3-5

<u>Art</u>	<u>Music</u>	<u>PE</u>	<u>STEM</u>
<p style="text-align: center;">Creative Challenge</p> <p>You may use any type of materials you have at home!</p> <p>Step 1. If you have someone at home, ask them to draw a random squiggle on your page. If you do not have anyone to draw a squiggle you may close your eyes and make your own.</p> <p>Step 2. Add extra lines, shapes, colors, and details to create a new masterpiece from your original squiggle.</p>	<p style="text-align: center;">Cup Song</p> <p>Find a plastic (or non-breakable) cup.</p> <p>Create a short pattern to play with your cup. You can tap the top, tap it on the table, or flip it.</p> <p>Keep a steady beat no matter what!</p> <p>Sing or listen to your favorite song and add your cup routine!</p>	<p style="text-align: center;">Create Your Own Workout</p> <ul style="list-style-type: none"> - Choose any 5 exercises. - Do 10 repetitions of each exercise. - Complete this workout 2 times. <p style="text-align: center;">Ideas: Jumping Jacks, Arm Circles, Ski- Jumps, Butterfly Stretch, Mountain Climbers, Crab Kicks, Burpees, Push-Ups, Curl-Ups, Jog in Place</p>	<p style="text-align: center;">Make a Boat</p> <p>Use recycled items you have at home to make a boat that can float in a tub, sink, or bowl of water. See how many objects you can put in the boat till it sinks.</p> <p style="text-align: center;">Or</p> <p style="text-align: center;">Build a Tower</p> <p>Use items you have at home and build a tower. You can use blocks, cups, books, toys, or challenge yourself and use cards.</p>