SOCIAL AND EMOTIONAL LEARNING

Dear Families/Caregivers,

Contributing to one's social environment is an essential component of social awareness. To contribute, students must understand the benefits and strategies of social contribution. There are many ways students and their families can contribute to their communities.

In this lesson students learned that they can be kind by helping younger kids learn something new. To do this, students should:

- Identify their skills and strengths.
- Make a plan.
- Be Patient.
- Celebrate Successes.

Here are some ways you can help your child practice helping those younger than him or her:

- When out in your neighborhood or community, encourage your child to help and support any children younger than him or her.
- Model helping those younger than you by teaching your child and other family members new activities or skills.
- Work with other families in your neighborhood to create mentorship pairs between older and younger children to encourage them to teach and learn from one another.

Encouraging your child to teach others new things will help your child to begin to think about ways that he or she can help others.

Sincerely,

Your Child's Teacher